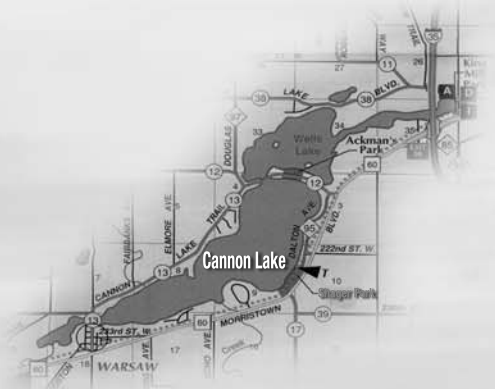


Fourth Annual Cannon Lake Run

Faribault, Minnesota

September 17, 2005
9:00 a.m.

To benefit the Cannon/Wells Lake Association
 — dedicated to clean water for the Cannon River



Location
 Shager Park on Sakatah Singing Hills State Trail
 Exit #56 off of 135 onto Highway 60
 three miles west of Faribault, MN

Race around the Lake (8.5 miles)
 Or
 5 mile run
 Or
 2.5 mile walk/run
All runs are flat and paved

Pre-Registration Fee \$15
 Long Sleeve T-Shirts
 guaranteed to all Participants
 Mail Pre-Registration Form and fee to:
 Race Director
 49055 Elysian Road • Elysian, MN 56028
 e-mail: tjkmkmz@frontiernet.net
Must be received by Wed., September 14

Race Day Registration \$20
 Registration opens at 8:00 am

What: 8.5 mile run
 5 mile run
 2.5 mile run/walk
 Race Sanctioned by USA Track & Field

Prizes: Prizes to overall male and female
 winner of the 8.5 and 5 mile races
 First Place Medals to each age group in
 the 8.5 and 5 mile races

Age Groups: Male and Female Divisions
 19 and under
 20-29
 30-39
 40-49
 50-59
 60 and over

Entry Fee: \$15 pre-registration
 \$20 day of race

Questions: Call (507) 267-4231

**Plan to spend the rest of the day at the
 Faribault Airfest/Balloon Rally & Tree Frog Music Festival!!**

2005 Entry Form

Name _____ Age _____ Sex: M F

Address _____ City _____ State _____ Zip _____

Phone Number _____ E-mail Address _____

Check Event Entering: 8.5 mile 5 mile 2.5 mile Check Long Sleeve T-Shirt Size: Small Medium Large X-Large

Please make checks payable to Cannon/Wells Lake Association and mail to:

Race Director: 49055 Elysian Road • Elysian, MN 56028 • e-mail: tjkmkmz@frontiernet.net

Waiver: I hereby request entry into the Cannon Lake Run and certify that I am in condition to participate in this athletic event and therefore agree to release and hold harmless the race administrators, volunteers, sponsors, Rice County, and the Cannon/Wells Lake Association for any direct or indirect injuries that I might sustain as a result of participating in this event. I also understand that my fee is non-refundable.

Signature

Date

Parent's signature if under 18

Cannon Lake Run

Race Director

49055 Elysian Road

Elysian, MN 55028

tjkmkmz@frontiernet.net

Phone: 507-267-4231

Return Services Requested

CANNON LAKE RUN
ON SAKATAH SINGING HILLS STATE TRAIL
SEPTEMBER 17, 2005
9:00 A.M.

Presorted Standard
U.S. Postage
PAID
Permit No. 5
Elysian, MN 56028